HOREJSI STEWART R

Form 4

March 15, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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obligations

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ERNEST HOREJSI TRUST NO 1B 2. Issuer Name and Ticker or Trading

Issuer

5. Relationship of Reporting Person(s) to

below)

Symbol **BOULDER GROWTH & INCOME**

(Check all applicable)

(Last)

(Middle) (First)

3. Date of Earliest Transaction

FUND [BIF]

03/11/2010

(Month/Day/Year)

Filed(Month/Day/Year)

Director Officer (give title

X__ 10% Owner _ Other (specify

1029 WEST 3RD AVENUE, SUITE

(Street)

400

4. If Amendment, Date Original

Applicable Line)

Form filed by One Reporting Person _X_ Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

ANCHORAGE, AK 99503

(City)	(State) (Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	03/11/2010		P	8,000	A	\$ 6.39	8,310,757	D (1)	
Common Stock	03/11/2010		P	10,000	A	\$ 6.38	8,320,757	D (1)	
Common Stock	03/11/2010		P	7,900	A	\$ 6.36	8,328,657	D (1)	
Common Stock	03/11/2010		P	3,000	A	\$ 6.37	8,331,657	D (1)	
Common Stock	03/12/2010		P	5,195	A	\$ 6.4	8,336,852	D (1)	

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Common Stock	03/12/2010	P	11,900			8,348,752	D (1)
Common Stock	03/12/2010	P	3,165	A	\$ 6.43	8,351,917	D (1)
Common Stock	03/12/2010	P	21,089	A	\$ 6.44	8,373,006	D (1)
Common Stock	03/12/2010	P	13,300	A	\$ 6.45	8,386,306	D (1)
Common Stock	03/12/2010	P	300	A	\$ 6.39	8,386,606	D (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	, ,	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities Acquired (A) or Disposed	3	ate	7. Title a Amount Underly Securitie (Instr. 3	of ing es	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans
			Code V	of (D) (Instr. 3, 4, and 5)	Date Exercisable	Expiration Date	Title N	lumber		(Inst

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
ERNEST HOREJSI TRUST NO 1B 1029 WEST 3RD AVENUE, SUITE 400 ANCHORAGE, AK 99503		X				
HOREJSI STEWART R 200 SOUTH SANTA FE SALINA, KS 67401		X				

Reporting Owners 2

X

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CICIORA SUSAN L 2344 SPRUCE STREET, STE A BOULDER, CO 80302

Signatures

No. 1B	, Alaska Trust Company, trustee of the Ernest Horejsi Trust	03/15/2010
	**Signature of Reporting Person	Date
Stewart R. Horejsi		03/15/2010
	**Signature of Reporting Person	Date
Susan L. Ciciora		03/15/2010
	**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The trustees of the Ernest Horejsi Trust No. 1B (the "Ernest Trust") are Alaska Trust Company ("Alaska Trust"), Susan L. Ciciora and Larry Dunlap. Such trustees may be deemed to control the Ernest Trust and may be deemed to possess indirect beneficial ownership of the Shares held by the Ernest Trust. However, none of the trustees, acting alone, can vote or exercise dispositive authority over Shares held by the Ernest Trust. Accordingly, Alaska Trust, Ms. Ciciora and Mr. Dunlap disclaim beneficial ownership of the Shares beneficially owned, directly or indirectly, by the Ernest Trust. In addition to serving as a trustee, Ms. Ciciora is also a beneficiary of the Ernest Trust. As a result of his advisory role with the Ernest Trust, Stewart R. Horejsi may be deemed to have indirect beneficial ownership of the Shares directly beneficially owned by the Ernest Trust. However, Mr. Horejsi disclaims such beneficial ownership of the Shares directly beneficially held by the Ernest Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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