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Castellano C	hristine M.												
Form 4	0010												
December 21											PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287					
Check thi if no long subject to Section 1 Form 4 or	6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								Expires:January 31 200Estimated average burden hours per response0.			
Form 5 obligatior may conti <i>See</i> Instru 1(b).	inue. Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, action 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type R	Responses)												
1. Name and A Castellano C	2. Issuer Name and Ticker or Trading Symbol Ingredion Inc [INGR]						5. Relationship of Reporting Person(s) to Issuer						
(Lost)	C		-	_			(Check all applicable)						
(Last) 5 WESTBR CENTER	3. Date of Earliest Transaction (Month/Day/Year) 12/20/2018						Director 10% Owner X Officer (give title Other (specify below) Sr. VP, GC, Corp. Sec. & CCO						
				ndment, .th/Day/Y		e Original			 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting 				
(City)		Zip)	Tahl	o I - No	n-D	arivativa	Socuri	tios A c	Person	f or Bonoficial	ly Owned		
1.Title of Security (Instr. 3)2. Transaction Da (Month/Day/Year		2A. Deer Execution any	ned n Date, if	e I - Non-Derivative Securities A 3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A)				or))	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of		
Common Stock	12/20/2018			Code G	v V	Amount 214	or	Price \$ 0	Transaction(s) (Instr. 3 and 4) 16,655.2324 (1)	D			
Common Stock									1,043.037	Ι	By 401(k) Plan		
Common Stock									1,642.4419 <u>(2)</u>	Ι	Phantom Stock		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
_				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Reporting Owners											
	eporting Owne	er Name / Address	lationships			Other					

Castellano Christine M. 5 WESTBROOK CORPORATE CENTER WESTCHESTER, IL 60154

Sr. VP, GC, Corp. Sec. & CCO

Signatures

Christine M. 12/21/2018 Castellano Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes RSUs acquired through deemed dividend reinvestment. RSUs acquired through deemed dividend reinvestment vest on the dates when the RSUs with respect to which they are deemed dividends vest.
- (2) Each phantom stock unit represents the right to receive one share of common stock.
- (3) Includes phantom stock units acquired through deemed dividend reinvestment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.