

IEC ELECTRONICS CORP  
 Form 144  
 August 14, 2009

UNITED STATES  
 SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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FORM 144  
 NOTICE OF PROPOSED SALE OF SECURITIES  
 PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

SEC USE ONLY

DOCUMENT SEQUENCE NO.  
 CUSIP NUMBER

ATTENTION: Transmit for filing 3 copies of this form concurrently with  
 either placing an  
 order with a broker to execute sale or executing a sale directly with a market  
 maker.

1 (a) NAME OF ISSUER (please type or print)	(b) IRS IDENT. NO	(C) S.E.C. FILE WORK LOCATION			
IEC Electronics Corp	13-3458955	NO. 06508			
1 (d) ADDRESS OF ISSUER STREET	CITY	STATE	ZIP	(e) TELEPHONE	
105 Norton Street	Newark	New York	CODE 14513	NO. AREA NUMBER 332-7742 315	

2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD Julene Gilbert	(b) RELATIONSHIP TO ISSUER Spouse of CEO of Issuer	(c) ADDRESS STREET CITY STATE ZIP CODE 130 Runnymede Rd Rochester NY 14618
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INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

3 (a) Title of the Class of Securities To be Sold	(b) Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker Who is Acquiring the Securities	SEC USE ONLY Broker-Dealer File Number	(c) Number of Shares Or Other Units To be Sold (See instr. 3(c))	(d) Aggregate Market Value (See instr. 3(d))	(e) Number of Shares Or Other Units Outstanding (See instr. 3(e))	(f) Approximate Date of Sale (See instr. 3(f)) (MO. DAY YR.)	(g) Name of Each Securities Exchange (See instr. 3(g))
Common Stock	Hugh Hamlin, UBS, Pittsford, NY		30,000	171,000	8,549,113	08/05/09	NYSE AMEX

INSTRUCTIONS:

1.
    - (a) Name of issuer
    - (b) Issuer's I.R.S. Identification Number
    - (c) Issuer's S.E.C. file number, if any
    - (d) Issuer's address, including zip code
    - (e) Issuer's telephone number, including area code
  2.
    - (a) Name of person for whose account the securities are to be sold
    - (b) Such person's I.R.S. identification number, such person is an entity
    - (c) Such person's relationship to the issuer (e.g., officer, director, 10% Stockholder, or member of immediate family of any of the foregoing)
    - (d) Such person's address, including zip code
  3.
    - (a) Title of the class of securities to be sold
    - (b) Name and address of each broker through whom the securities are intended to be sold
    - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
    - (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
    - (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
    - (f) Approximate date on which the securities are to be sold
    - (g) Name of each securities exchange, if any, on which the securities are intended to be sold
- Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.
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TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date You Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common Stock	Various dates between June 8th 1993 and January 4th 2001	Market Purchase		Various in the range of dates	Acquisition dates	Cash

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
None				

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.

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August 13, 2009  
DATE OF NOTICE

/s/ WB Gilbert  
(SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)