SAMBATARO JOSEPH P JR
Form 4
November 19, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
SAMBATARO JOSEPH P JR

(Last) (First) (Middle)

1015 A STREET, P.O. BOX 2910

(Street)

TACOMA, WA 98401

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
LABOR READY INC [LRW]

3. Date of Earliest Transaction (Month/Day/Year)
11/18/2004

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

__X__ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
CEO

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common stock	11/18/2004		M		35,587	A	$ 5.62	155,197 (1)	D	
Common stock	11/18/2004		F		12,690	D	$ 15.76	142,507 (1)	D	
Common stock	11/18/2004		M		5,000	A	$ 8.25	147,507 (1)	D	
Common stock	11/18/2004		S		5,000	D	$ 15.5	142,507 (1)	D	
Common stock	11/18/2004		M		1,700	A	$ 8.25	144,207 (1)	D	

Common stock	11/18/2004	S	1,700	D	$ 15.55	142,507 (1)	D
Common stock	11/18/2004	M	3,700	A	$ 8.25	146,207 (1)	D
Common stock	11/18/2004	S	3,700	D	$ 15.6	142,507 (1)	D
Common stock	11/18/2004	M	1,000	A	$ 8.25	143,507 (1)	D
Common stock	11/18/2004	S	1,000	D	$ 15.62	142,507 (1)	D
Common stock	11/18/2004	M	600	A	$ 8.25	143,107 (1)	D
Common stock	11/18/2004	S	600	D	$ 15.65	142,507 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Options (Right to buy)	$ 5.62	11/18/2004		M			35,587	01/14/2003(2)	01/14/2007	Common stock	35,587
Options (Right to buy)	$ 8.25	11/18/2004		M			12,000	03/01/2001(2)	03/01/2005	Common stock	12,000

Reporting Owners

Reporting Owner Name / Address	Relationships

	Director	10% Owner	Officer	Other
SAMBATARO JOSEPH P JR 1015 A STREET P.O. BOX 2910 TACOMA, WA 98401	X		CEO	

Signatures

Matthew S. Topham, Attorney-in-Fact	11/18/2004
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) As of October 1, 2004, Mr. Sambataro also indirectly owned 10,166 Labor Ready Stock Units (Labor Ready 401(k) Plan.) Each Unit consists of Labor Ready common stock and a cash component.

(2) Options subject to this grant vest over a four year period in equal annual installments.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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