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ALERE INC

Form 4										
January 02, 2								OMB AF	PROVAL	
FORM	UNITED	JNITED STATES SECURITIES AND EXCHANGE COMMISS Washington, D.C. 20549							3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	er STATEN 6. Filed pur ¹⁵ Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940								
(Print or Type R	Responses)									
1. Name and A Nawana Nar	Symbol	2. Issuer Name and Ticker or Trading Symbol ALERE INC. [ALR]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (I		3. Date of Earliest Transaction				(Check all applicable)			
51 SAWYEI		(Month/Day/Year) 12/30/2013				Director 10% Owner X_ Officer (give title Other (specify below) below) Chief Operating Officer				
			endment, Date Original hth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person			
WALTHAM	I, MA 02453						Form filed by M Person	lore than One Re	porting	
(City)	(State)	(Zip) Tabl	e I - Non-E	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securi on(A) or D (Instr. 3, Amount	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	12/30/2013		M	5,000	(D) A	(<u>1</u>)	5,000	D		
Common Stock	12/30/2013		F	4,097 (2)	D	\$ 36.16	903	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	12/30/2013		М	5,000	(3)	(3)	Common Stock	5,000	\$

Reporting Owners

Reporting Owner Name / Address	ss Relationships						
I B	Director	10% Owner	Officer	Other			
Nawana Namal 51 SAWYER ROAD SUITE 200 WALTHAM, MA 02453			Chief Operating Officer				
Signatures							
/s/ Jay McNamara, Attorney in Fact		01/02/2014					
**Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Each restricted stock unit represents a contingent right to receive one share of Alere common stock.
- (2) Represents withholding for taxes payable upon vesting of restricted stock units granted to Mr. Nawana on December 30, 2012.

On December 30, 2012, Mr. Nawana was granted 110,000 restricted stock units, which vest as follows: 5,000 shares on the first anniversary of the grant date (12/30/13); 5,000 shares on the second anniversary of the grant date (12/30/14); and 100,000 shares on the third anniversary of the grant date (12/30/15). The award shall vest in its entirety if Mr. Nawana's employment is terminated by Alere

(3) third animetrally of the grant date (1230/15). The award shart vest in its entirety if Mr. Nawara's employment is terminated by Alere without cause prior to the third anniversary of the grant date or if Mr. Nawara voluntarily terminates his employment with Alere on or following the first anniversary of the grant date, other than in the presence of facts or circumstances which would constitute cause for termination by Alere.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.