Embarq CORP Form 4 May 19, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16. Form 4 or

Washington, D.C. 20549

January 31, Expires: 2005

Form 5

Estimated average burden hours per response... 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *_ FULLER MICHAEL B			2. Issuer Name and Ticker or Trading Symbol Embarq CORP [EQ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Chech an appheacie)
5454 W 110TH	STREET		(Month/Day/Year) 05/17/2006	Director 10% OwnerX Officer (give title Other (specify below) Chief Operating Officer
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check
OVERLAND P	PARK, KS	66211	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

(City)	(State) (Z	Zip) Table	e I - Non-D	erivative S	Securities Ac	quired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	l (A) or l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock					(= /	3,904 (4)	D	
Common Stock						1,322 (4)	I	By 401k
Common Stock						758 <u>(4)</u>	I	By Deferred Comp Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	TransactionDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	\$ 0	05/17/2006		A	3,712		<u>(1)</u>	<u>(1)</u>	Common Stock	3,712
Restricted Stock Units	\$ 0	05/17/2006		A	3,484		<u>(2)</u>	<u>(2)</u>	Common Stock	3,484
Restricted Stock Units	\$ 0	05/17/2006		A	2,650		(3)	(3)	Common Stock	2,650
NQ Stock Option (right to buy)	\$ 209.31	05/17/2006		A	589		<u>(5)</u>	02/11/2007	Common Stock	589
NQ Stock Option (right to buy)	\$ 209.31	05/17/2006		A	719		<u>(5)</u>	02/11/2007	Common Stock	719
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006		A	228		<u>(5)</u>	02/11/2007	Common Stock	228
NQ Stock Option (right to buy)	\$ 98.33	05/17/2006		A	12,228		<u>(5)</u>	02/11/2007	Common Stock	12,228
NQ Stock Option (right to buy)	\$ 49.12	05/17/2006		A	18,677		<u>(5)</u>	02/09/2008	Common Stock	18,677
• /	\$ 49.12	05/17/2006		A	24,795		(5)	02/09/2008		24,795

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NQ Stock Option (right to buy)							Common Stock	
NQ Stock Option (right to buy)	\$ 49.12	05/17/2006	A	75,334	<u>(5)</u>	02/09/2008	Common Stock	75,334
NQ Stock Option (right to buy)	\$ 209.31	05/17/2006	A	542	<u>(5)</u>	02/09/2008	Common Stock	542
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	511	<u>(5)</u>	02/09/2008	Common Stock	511
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	515	(5)	02/09/2008	Common Stock	515
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	678	<u>(5)</u>	02/09/2008	Common Stock	678
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	1,031	<u>(5)</u>	02/09/2008	Common Stock	1,031
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	1,118	<u>(5)</u>	02/08/2009	Common Stock	1,118
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	1,279	<u>(5)</u>	02/08/2009	Common Stock	1,279
NQ Stock Option (right to buy)	\$ 222.08	05/17/2006	A	3,837	<u>(5)</u>	02/08/2009	Common Stock	3,837
NQ Stock Option (right to buy)	\$ 72.44	05/17/2006	A	14,642	<u>(5)</u>	02/08/2009	Common Stock	14,642
	\$ 72.44	05/17/2006	A	22,690	(5)	02/08/2009		22,690

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NQ Stock Option (right to buy)							Common Stock	
NQ Stock Option (right to buy)	\$ 72.44	05/17/2006	A	75,334	(5)	02/08/2009	Common Stock	75,334
NQ Stock Option (right to buy)	\$ 57.97	05/17/2006	A	6,380	(5)	02/08/2009	Common Stock	6,380
NQ Stock Option (right to buy)	\$ 91.38	05/17/2006	A	18,833	<u>(5)</u>	01/03/2010	Common Stock	18,833
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006	A	75,334	<u>(5)</u>	01/03/2010	Common Stock	75,334
NQ Stock Option (right to buy)	\$ 91.38	05/17/2006	A	13,990	<u>(5)</u>	01/24/2010	Common Stock	13,990
NQ Stock Option (right to buy)	\$ 40.76	05/17/2006	A	38,205	(5)	01/24/2010	Common Stock	38,205

Reporting Owners

Reporting Owner Name / Address	Relationships						
roporting of their reality reality of	Director	10% Owner	Officer	Other			
FULLER MICHAEL B 5454 W 110TH STREET OVERLAND PARK, KS 66211			Chief Operating Officer				

Date

Signatures

**Signature of Reporting Person

Tracy D. Mackey,	05/19/2006
attorney-in-fact	03/17/2000

Reporting Owners 4

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units vest and shares will be delivered to reporting person on 02/10/07.
- (2) Units vest and shares will be delivered to reporting person on 02/08/08.
- (3) Units vest and shares will be delivered to reporting person on 02/10/08.
- (4) Includes shares distributed to the reporting person in connection with a pro-rata distribution of the issuer's shares to the stockholders of Sprint Nextel Corporation.
- (5) Option is fully vested and exercisable immediately.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.