Holland E J Jr Form 4 April 22, 2008

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16. Form 4 or

January 31, Expires: 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Holland E J Jr			2. Issuer Name and Ticker or Trading Symbol Embarq CORP [EQ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)			
5454 W. 110TH STREET			(Month/Day/Year) 04/18/2008	Director 10% Owner Officer (give title Other (specify below) SVP-HR & Communications			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
OVERLAND PARK, KS 66211			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(6':)	(6)	(7 :)	
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	04/18/2008		M(1)	12,428	A	\$ 0	18,774	D	
Common Stock	04/18/2008		F(2)	4,156	D	\$ 38.96	14,618	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date (Month/Day/Y (Mon		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	\$ 0	04/18/2008		M	8,274	(3)	<u>(3)</u>	Common Stock	8,274	\$
Restricted Stock Units	\$ 0	04/18/2008		M	3,865	<u>(4)</u>	<u>(4)</u>	Common Stock	3,865	\$
Restricted Stock Units	\$ 0	04/18/2008		M	289	<u>(5)</u>	<u>(5)</u>	Common Stock	289	\$

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Holland E J Jr 5454 W. 110TH STREET OVERLAND PARK, KS 66211

SVP-HR & Communications

Signatures

Jeffrey M. Johns, attorney-in-fact 04/22/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Upon vesting of restricted stock units, an equivalent number of shares of Embarq common stock were delivered to the reporting person.
- (2) Represents shares withheld by Embarq Corporation to satisfy minimum statutory withholding requirements upon vesting of restricted stock units.
- Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on May 22, 2006. Orginal vesting schedule: Vests in 3 equal annual installments beginning on May 21, 2007.

Reporting Owners 2

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- Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on July 28, 2006. Orginal vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.
- Award became fully vested and shares were delivered to Mr. Holland immediately after his 65th birthday pursuant to the terms of the award agreement. Award was granted on February 21, 2007 as a performance adjustment to RSUs granted on July 28, 2006. Orginal vesting schedule: Vests in 2 equal annual installments beginning on February 7, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.