CARROLS RESTAURANT GROUP, INC.

Form 4

December 16, 2008

December 1													
FORM	Л 4					~== .	NOD		OMB AF	PPROVAL			
	CIVITED	STATES		RITIES A shington,			ANGE C	COMMISSION	OMB Number:	3235-0287			
Check the								Expires:	January 31,				
if no lon subject t Section Form 4	STATEN 16. or		SECUE	RITIES			NERSHIP OF	Estimated average burden hours per response 0.8					
Form 5 obligations may continue.  See Instruction 1(b).  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940													
(Print or Type	Responses)												
Flanders Paul R Symbol				r Name <b>and</b> OLS RES			ing	5. Relationship of Reporting Person(s) to Issuer					
				P, INC. [7				(Check all applicable)					
				f Earliest T Day/Year)	ransaction			Director 10% Owner Other (specify below) below)					
C/O CARR GROUP, IN STREET	008			FO and Treasurer									
				endment, Da nth/Day/Yea	_	al		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
SYRACUS	SE, NY 13203							Form filed by M Person	ore than One Re	porting			
(City)	(State)	(Zip)			Derivative	Secu	rities Acq	uired, Disposed of					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)  (A) or Code V Amount (D) Price			ed of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect t Beneficial Ownership (Instr. 4)			
Common Stock, \$0.01 par value	12/12/2008			P P	900	(D)	Price \$ 1.95	74,554	D				
Common Stock, \$0.01 par value	12/12/2008			P	1,000	A	\$ 1.98	75,554	D				
Common Stock,	12/12/2008			P	1,000	A	\$ 2	76,554	D				

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\$0.01 par value								
Common Stock, \$0.01 par value	12/12/2008	P	100	A	\$ 2.01	76,654	D	
Common Stock, \$0.01 par value	12/12/2008	P	100	A	\$ 2.1	76,754	D	
Common Stock, \$0.01 par value	12/12/2008	P	1,000	A	\$ 2.1688	77,754	D	
Common Stock, \$0.01 par value	12/12/2008	P	100	A	\$ 2.05	100	I	See Footnote
Common Stock, \$0.01 par value	12/12/2008	P	1,000	A	\$ 2	1,100	I	See Footnote (1)
Common Stock, \$0.01 par value	12/12/2008	P	1,000	A	\$ 2	1,000	I	See Footnote (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Der Sec	Fitle of rivative curity str. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	tion	5. Number of Derivat Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	er tive ies ed ed	6. Date Exerc Expiration Day/ (Month/Day/	ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)	
					Code	V	(A) (I		Date Exercisable	Expiration Date	Title	Amount		

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Number of Shares

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Flanders Paul R C/O CARROLS RESTAURANT GROUP, INC. 968 JAMES STREET SYRACUSE NY 13203			VP, CFO and Treasurer					

## **Signatures**

/s/ Paul Flanders 12/16/2008

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares of Common Stock are held by the Reporting Person's children.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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