

SCOTTISH POWER PLC
Form 6-K
March 29, 2006

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER
PURSUANT TO RULE 13a-16 OR 15d-16 OF
THE SECURITIES EXCHANGE ACT OF 1934

For the month of March

SCOTTISH POWER PLC

(Translation of Registrant's Name Into English)

CORPORATE OFFICE, 1 ATLANTIC QUAY, GLASGOW, G2 8SP

(Address of Principal Executive Offices)

(Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.)

Form 20-F X Form 40-F

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(Indicate by check mark whether the registrant by furnishing the information contained in this form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.)

Yes _____ No X

(If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-_____.)

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1. Notification by Scottish Power plc, dated March 29, 2006, of SPW - Trading Update

ScottishPower - Trading Update

ScottishPower will shortly enter its close period for its financial year ending 31 March 2006. As indicated at the time of the third quarter results, the company remains on track to deliver performance for the full year in line with our expectations.

Further Information

Jennifer Lawton	Investor Relations Director	0141 636 4527
Colin McSeveny	Media Relations Director	0141 636 4515

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

/s/ Scottish Power plc

(Registrant)

Date: March 29, 2006

By: /s/ Donald McPherson

Donald McPherson
Deputy Company Secretary