

SMITH & NEPHEW PLC
Form 6-K
August 02, 2010

**SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549**

Report of Foreign Private Issuer

**Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of
1934**

July 30, 2010

Commission File Number 001-14978

SMITH & NEPHEW plc
(Registrant's name)

15 Adam Street
London, England WC2N 6LA
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F	<input checked="" type="checkbox"/>	Form 40-F	<input type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark whether by furnishing the information contained

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in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X
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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82- n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew Plc
(Registrant)

Date: July 30, 2010

By: /s/ Susan Henderson

Susan Henderson
Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc

Name of scheme: 1985 Executive Share Option Scheme
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 6,437
from previous return:
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A
Number of securities issued/allotted under scheme during period: 0
Balance under scheme not yet issued/allotted at end of period 6,437
Number and class of securities originally listed and the date of admission 30,000 Ordinary Shares of US\$ 20 cents each listed on 13 February 2007.
Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.
63,179,855 ordinary shares of US\$20 cents each are held in treasury.

Name of contact: Gemma Parsons
Address of contact: 15 Adam Street, London, WC2N 6LA
Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 1990 International Executive Share
Option Scheme
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 547,862
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 64,151
issued/allotted under
scheme during period:
Balance under scheme 483,711
not yet issued/allotted at
end of period
Number and class of 1,850,000 ordinary shares of US\$
securities originally 20 cents each on 23 January 2006.
listed and the date of
admission
Total number of 888,831,474 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
end of the period 63,179,855 ordinary shares of
US\$20 cents each are held in
treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2001 UK Approved Share Option Scheme
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 83,675
from previous return:
The amount by which 1,000,000
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 96,000
issued/allotted under
scheme during period:
Balance under scheme 987,675
not yet issued/allotted at
end of period
Number and class of 500,000 ordinary shares of US\$ 20
securities originally cents each listed on 23 January
listed and the date of 2006. 1,000,000 ordinary shares of
admission US\$ 20 cents each listed on 10
February 2010.
Total number of 888,831,474 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
end of the period 63,179,855 ordinary shares of
US\$20 cents each are held in
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To: The FSA

Date: 30 July 2010

Name of applicant:	Smith & Nephew plc
Name of scheme:	2001 UK Unapproved Share Option Scheme
Period of return: From:	24 January 2010 To: 23 July 2010
Balance under scheme from previous return:	192,809
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return:	2,000,000
Number of securities issued/allotted under scheme during period:	364,300
Balance under scheme not yet issued/allotted at end of period	1,828,509
Number and class of securities originally listed and the date of admission	1,000,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 500,000 ordinary shares of US\$ 20 cents listed on 2 August 2007. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 February 2010.
Total number of securities in issue at the end of the period	888,831,474 ordinary shares of US\$ 20 cents each are in issue. 63,179,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2001 US Share Plan
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 896,665
from previous return:
The amount by which 2,000,000
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 432,906
issued/allotted under
scheme during period:
Balance under scheme 2,463,759
not yet issued/allotted at
end of period
Number and class of 1,500,000 ordinary shares of US\$
securities originally 20 cents each listed on 13 February
listed and the date of 2007. 1,000,000 ordinary shares of
admission US\$ 20 cents each listed on 2
August 2007. 2,000,000 ordinary

shares of US\$ 20 cents each listed
on 10 September 2008. 2,000,000
ordinary shares of US\$ 20 cents
each listed on 10 February 2010.
Total number of securities in issue at the
end of the period 888,831,474 ordinary shares of US\$
20 cents each are in issue.
63,179,855 ordinary shares of
US\$20 cents each are held in
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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: International Employees Share
Option Scheme
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme from previous return: 963,159
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A
Number of securities issued/allotted under scheme during period: 33,281

Balance under scheme 929,878
not yet issued/allotted at
end of period
Number and class of securities originally listed and the date of admission 1,000,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006. 1,000,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.
Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.
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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: UK Employee Share Option Scheme
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme from previous return: 777,161
The amount by which the block scheme has: N/A

been increased, if the
scheme has been
increased since the
date of the last return:

Number of securities 81,678

issued/allotted under
scheme during period:

Balance under scheme 695,483

not yet issued/allotted at
end of period

Number and class of securities originally listed and the date of admission 1,500,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006. 1,500,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.

Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Performance Share Plan

Period of return: From: 24 January 2010 To: 23 July 2010

Balance under scheme 315,145

from previous return:

The amount by which 1,000,000

the block scheme has

been increased, if the

scheme has been

increased since the

date of the last return:

Number of securities 77,715

issued/allotted under

scheme during period:

Balance under scheme 1,237,430

not yet issued/allotted at

end of period

Number and class of securities originally listed and the date of admission 750,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 1,000,000 ordinary shares of US\$ 20 cents each listed on 10 February 2010.

Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.

63,179,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Executive Share Option Plan
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 441,516
from previous return:
The amount by which 1,000,000
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 37,816
issued/allotted under
scheme during period:
Balance under scheme 1,403,700
not yet issued/allotted at
end of period
Number and class of 1,000,000 ordinary shares of US\$
securities originally 20 cents each listed on 13 February
listed and the date of 2007. 1,000,000 ordinary shares of
admission US\$ 20 cents each listed on 10
February 2010.
Total number of 888,831,474 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
end of the period 63,179,855 ordinary shares of
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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Co-investment Plan
Period of return: From: 24 January 2010 To: 23 July 2010
Balance under scheme 398,330
from previous return:
The amount by which N/A
the block scheme has
been increased, if the
scheme has been
increased since the
date of the last return:
Number of securities 115,418
issued/allotted under
scheme during period:
Balance under scheme 282,912
not yet issued/allotted at
end of period
Number and class of 750,000 ordinary shares of US\$ 20
securities originally cents each listed on 13 February
listed and the date of 2007
admission
Total number of 888,831,474 ordinary shares of US\$
securities in issue at the 20 cents each are in issue.
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END

