AVID TECHNOLOGY INC

Form 4

December 07, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

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5. Relationship of Reporting Person(s) to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

REID CAROL L				Symbol AVID TECHNOLOGY INC [AVID]					Issuer				
								AVID	(Check all applicable)				
	(Last)	(First)	(Middle)		3. Date of Earliest Transaction					70.0			
12 DURHAM DRIVE					(Month/Day/Year) 12/03/2004				Director 10% Owner Number Other (specify below) below) VP & Corporate Controller				
		(Street)		4. If Ame	4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
ANDOVER, MA 01810				Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
	1.Title of Security (Instr. 3)	any		med on Date, if Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
	Common Stock	12/03/2004			M	209	A	\$ 12.8	209	D			
	Common Stock	12/03/2004			M	209	A	\$ 14.13	418	D			
	Common Stock	12/03/2004			M	123	A	\$ 22.01	541	D			
	Common Stock	12/03/2004			M	84	A	\$ 22.01	625	D			
	Common Stock	12/03/2004			M	209	A	\$ 21.17	834	D			

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Common Stock	12/03/2004	M	177	A	\$ 42.91 1,011	D
Common Stock	12/03/2004	S	1,011	D	\$ 58.5 0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
					Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
	Incentive Stock Option (right to buy)	\$ 12.8	12/03/2004		M		209	10/17/2001(1)	04/17/2011	Common Stock	20
	Incentive Stock Option (right to buy)	\$ 14.13	12/03/2004		M		209	09/06/2002(1)	03/06/2012	Common Stock	20
	Incentive Stock Option (right to buy)	\$ 22.01	12/03/2004		M		123	07/10/2003(1)	01/10/2013	Common Stock	12
	Non-qualified Stock Option (right to buy)	\$ 22.01	12/03/2004		M		84	07/10/2003(1)	01/10/2013	Common Stock	8
	Non-Qualified Stock Option (right to buy)	\$ 21.17	12/03/2004		M		209	07/13/2003(1)	01/13/2013	Common Stock	20
	Non-Qualified Stock Option (right to buy)	\$ 42.91	12/03/2004		M		177	08/10/2004(1)	02/10/2014	Common Stock	13

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

REID CAROL L VP &
12 DURHAM DRIVE Corporate
ANDOVER, MA 01810 Controller

Signatures

Carol L. Reid 12/06/2004

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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