Trojan Greg Form 4 May 04, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Expires:

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OMB APPROVAL

subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Trojan Greg Issuer Symbol BJs RESTAURANTS INC [BJRI] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title _ Other (specify 7755 CENTER AVENUE, SUITE 05/02/2018 below) 300 President/CEO (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **HUNTINGTON BEACH, CA 92647** Person

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative (Securi	ities Acqu	iired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	05/02/2018	05/02/2018	M	75,000	A	\$ 34.29	129,908	D	
Common Stock	05/02/2018	05/02/2018	S	75,000	D	\$ 55.69	54,908	D	
Common Stock	05/02/2018	05/02/2018	M	8,298	A	\$ 34.29	63,206	D	
Common Stock	05/02/2018	05/02/2018	S	8,298	D	\$ 56.12	54,908	D	
Common Stock	05/03/2018	05/03/2018	M	10,585	A	\$ 34.29	65,493	D	

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Common Stock	05/03/2018	05/03/2018	S	10,585	D	\$ 55.51	54,908	D
Common Stock	05/04/2018	05/04/2018	M	42,845	A	\$ 34.29	97,753	D
Common Stock	05/04/2018	05/04/2018	S	42,845	D	\$ 55.05	54,908 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amot Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nui of S
Non-Qualified Stock Options	\$ 34.29	05/02/2018	05/02/2018	M	75,000	12/03/2013	12/03/2022	Common Stock	75
Non-Qualified Stock Options	\$ 34.29	05/02/2018	05/02/2018	M	8,298	12/03/2013	12/03/2022	Common Stock	8,
Non-Qualified Stock Options	\$ 34.29	05/03/2018	05/03/2018	M	10,585	12/03/2013	12/03/2022	Common Stock	10
Non-Qualified Stock Options	\$ 34.29	05/04/2018	05/04/2018	M	42,845	12/03/2013	12/03/2022	Common Stock	42

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Trojan Greg 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647

President/CEO

Reporting Owners 2

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Signatures

/s/ Jacob J. Guild, Attorney-in-Fact for Gregory A.

Trojan

05/04/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Amount includes 28,352 of unvested Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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