ALLISON M JAY Form 4

December 14, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

Common

Stock

12/09/2004

(Print or Type Responses)

1. Name and A ALLISON	Address of Reporting l M JAY	Symbol COMS	er Name and Ticker or Trading TOCK RESOURCES INC	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
		[CRK]		(
(Last)	(First) (N		of Earliest Transaction	X Director 10% Owner X Officer (give title Other (specify		
5300 TOWN AND COUNTRY BLVD., SUITE 500		`	Day/Year) 2004	below) below) Chairman & CEO		
	(Street)	4. If Am	endment, Date Original	6. Individual or Joint/Group Filing(Check		
FRISCO, T	X 75034-	Filed(Mo	onth/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip) Tab	ole I - Non-Derivative Securities Acc	quired, Disposed of, or Beneficially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price	Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

737,704

D

\$0

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 $A_{(1)}^{(1)}$ V 100,000 A

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		te	7. Title and A Underlying S (Instr. 3 and	Securities	8. P Der Sec (Ins
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options - 1996 C	\$ 11					04/01/1997	01/01/2006	Common Stock	400,000	
Stock Options - 1997 B	\$ 12.375					01/01/2002	01/01/2007	Common Stock	200,000	
Stock Options - 1999	\$ 3.875					07/01/2000	07/01/2008	Common Stock	445,000	
Stock Options - 2000	\$ 8.875					07/01/2004	07/01/2009	Common Stock	135,000	
Stock Options - 2001	\$ 6.42					12/14/2001	01/01/2007	Common Stock	125,000	
Stock Options - 2001	\$ 6.42					07/01/2005	07/01/2010	Common Stock	135,000	
Stock Options - 2002	\$ 9.2					01/01/2004	01/01/2007	Common Stock	135,000	

Reporting Owners

Reporting Owner Name / Address	Relationships				
1	Director	10% Owner	Officer	Other	
ALLISON M JAY 5300 TOWN AND COUNTRY BLVD. SUITE 500 FRISCO, TX 75034-	X		Chairman & CEO		

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Signatures

Roland O. Burns (per 1/13/95 P.O.A.)

12/14/2004

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Award

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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