BURAN JOHN R Form 4 May 11, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

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Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *BURAN JOHN R			2. Issuer Name and Ticker or Trading Symbol FLUSHING FINANCIAL CORP [FFIC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 1979 MARCUS E140	MARCUS AVENUE, SUITE		3. Date of Earliest Transaction (Month/Day/Year) 05/08/2009	_X Director 10% OwnerX Officer (give title Other (specify below) President & CEO		
LAKE SUCCE	(Street)	42	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	Zip) Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D) Price		Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	05/08/2009	05/08/2009	M	32,300 (1)	A	\$ 7.77	131,887	D	
Common Stock	05/08/2009	05/08/2009	F	24,848	D	\$ 10.1	107,039	D	
Common Stock	05/08/2009	05/08/2009	F	2,518	D	\$ 10.1	104,521	D	
Common Stock							22,644 (2)	I	401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option Exercise (Right to Buy)	\$ 7.77	05/08/2009	05/08/2009	М		32,300	<u>(1)</u>	01/21/2011	Common Stock	32,300

Reporting Owners

Relationships Reporting Owner Name / Address Officer Other Director 10% Owner BURAN JOHN R

1979 MARCUS AVENUE, SUITE E140 President & CEO

LAKE SUCCESS, NY 11042

Signatures

Signed by Russell A. Fleishman under Power of Attorney by John R.

Buran 05/11/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Stock option exercise from January 2001 grant. Options became exercisable in five equal installments beginning on the first anniversary of the date of grant.
- (2) Shares held in FSB 401(k) Savings Plan a/o 5/4/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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