### Edgar Filing: FIRST TRUST MLP & ENERGY INCOME FUND - Form 8-K

#### FIRST TRUST MLP & ENERGY INCOME FUND

Form 8-K April 21, 2017

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# UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) April 21, 2017

First Trust MLP and Energy Income Fund (Exact Name of Registrant as Specified in its Charter)

Massachusetts 811-22738 35-2455887 (State or Other Jurisdiction (Commission File Number) (IRS Employer of Incorporation) Identification No.)

10 Westport Road
Suite C101a
Wilton, Connecticut
06897
(Address of Principal Executive Offices)
(Zip Code)

Registrant's telephone number, including area code (630) 765-8000

(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- $|\_|$  Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- $|\_|$  Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- $|\_|$  Pre-commencement communications pursuant to Rule 14d-2(b) under the

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Exchange Act (17 CFR 240.14d-2(b))

|\_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

First Trust MLP and Energy Income Fund (the "Fund") is filing herewith a press release issued on April 21, 2017, as Exhibit 99.1. The press release was issued by First Trust Advisors L.P. to report that on April 25, 2017, the Fund will release an update on the market and the Fund. Details regarding the update are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit

Number Description

99.1 Press release of First Trust Advisors L.P. dated April 21, 2017.

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: April 21, 2017 FIRST TRUST MLP AND ENERGY INCOME FUND

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine

Title: Secretary

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#### EXHIBIT INDEX

Exhibit Number Description

99.1 Press release of First Trust Advisors L.P. dated

April 21, 2017.