#### NBT BANCORP INC

Form 5

Common

February 12, 2014

1 Columny 1.	2, 2017										
FORM	M 5									APPROVAL	=
UNITED STATES SECURITIES AND EXCHANGE COMMISSION									Number:	. 3235-0362	
no longe	his box if er subject	Washington, D.C. 20549  CATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Expires:	January	/ 31, 2005		
to Section Form 4 of 5 obligations of 5	or Form ANN tions						EFICIAL Estimated burden hor response		ours per	1.0	
See Instr 1(b).	Filed purification Filed purification Filed purification 176	(a) of the	Public U		ng Compa	ny A	ct of 1		on		
	Address of Reporting h Robert A	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(Last) (First) (Middle)			ment for Issuer	ed	(Check all applicable)					
52 SOUTH	H BROAD STREE	ET	(Month/Day/Year) 12/31/2013				- - l	X_ Director 10% Owner Officer (give title Other (specify below) below)			
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting  (check applicable line)				
NORWIC	H, NY 13815						-	_X_ Form Filed by Form Filed by Person	One Reportin	g Person	
(City)	(State)	(Zip)	Tal	ble I - Non-De	rivative Sec	urities		ired, Disposed o	of, or Benefic	cially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transaction Code (Instr. 8)	(Instr. 3, 4 and 5)  (A) or			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	2
NBT					Amount	(D)	Price				
Bancorp Inc. Common Stock	12/31/2013	Â		J	204.586	A	\$ 0 (1)	9,358.91	D	Â	
NBT Bancorp Inc.	Â	Â		Â	Â	Â	Â	164,041	I	by Corporati	on

#### Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				7. Title and Am Underlying Sec (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	A O N O S
Non-Qualified Stock Option (right to buy)	\$ 21.74	Â	Â	Â	Â	Â	05/01/2007(2)	05/01/2016	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4092	Â	Â	Â	Â	Â	01/01/2007(2)	01/01/2016	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4842	Â	Â	Â	Â	Â	05/01/2008(2)	05/01/2017	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.5508	Â	Â	Â	Â	Â	05/01/2009(2)	05/01/2018	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 24.08	Â	Â	Â	Â	Â	11/10/2007(2)	11/10/2016	NBT Bancorp Inc. Common Stock	

## **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

Wadsworth Robert A

52 SOUTH BROAD STREET Â X Â Â

NORWICH, NYÂ 13815

## **Signatures**

By: F. Sheldon Prentice, Power of Attorney For: Robert
Wadsworth

02/12/2014

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of 1/1/2013 to 12/31/2013 at prices ranging from \$ 22.0928 to \$25.1248.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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