Edgar Filing: LONG DEBORAH J - Form 4

LONG DEF	BORAH J													
Form 4														
June 07, 20	06													
FORM	14		GEGU								ON	/IB AP	PROV	۹L
Washington, D.C. 20549										ON	OMB Numbe	er:		-0287
Check this box if no longer CTLATED ALLONG OF CHANGES IN DEDUEELOLAL ONVERSION											Expire	s:	Janua	ry 31, 2005
subject to STATEMENT OF CHA Section 16. Form 4 or				IANGES IN BENEFICIAL OWNERSHIP OF SECURITIES on 16(a) of the Securities Exchange Act of 1934,								ated average en hours per onse 0.5		
obligation may con <i>See</i> Inst 1(b).	ons ntinue. Section 17(a) of the l	Public U	Jtility	Hol		mpar	ny Act	of 1935 or Sec					
(Print or Type	Responses)													
LONG DEBORAH J Sys						d Ticker o		-	5. Relationship of Reporting Person(s) to Issuer					
			PROTECTIVE LIFE CORP [PL]						(Check all applicable)					
(Last)	(First) (Middle)				Transactior	1		Director 10% Owner					
			(Month/Day/Year) 06/05/2006						Officer (give title Other (specify below) below) Sr. VP					
				l(Month/Day/Year) Appl _X_						ndividual or Joint/Group Filing(Check licable Line) Form filed by One Reporting Person Form filed by More than One Reporting				
BIRMING	HAM, AL 35223								Form filed Person	by Mo	ore than C	One Rep	orting	
(City)	(State)	(Zip)	Tab	ole I - N	lon-]	Derivativ	e Secu	rities A	Acquired, Dispose	ed of,	or Bene	eficially	y Owne	d
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			3. Trans Code (Instr.		4. Securi onAcquired Disposed (Instr. 3,	l (A) c l of (D)	BeneficiallyFormOwnedDirecFollowingor InReported(I)		7. Nature of nership Indirect Bene m: Ownership ect (D) (Instr. 4) ndirect tr. 4)		eficial	
				Code	v	Amount	or (D)	Price	(Instr. 3 and 4)	(III)				
Common Stock	06/05/2006			A	v	3,707	(D) A	\$ 0	4,707	D				
Common Stock	06/05/2006			F		1,166	D	\$0	3,541	D				
Common Stock									3,169.5215	Ι		By 4	01(k)	(1)
Common Stock									48,829.321	I		Defe Com	erred ipensa	tion

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
SAR 06	\$ 41.05					03/04/2006	03/04/2015	SAR	2,800	
SAR 3 3 06 <u>(3)</u>	\$ 48.6					03/03/2007	03/03/2016	SAR	750	
SAR 3 3 06 a <u>(3)</u>	\$ 48.6					03/03/2008	03/03/2016	SAR	750	
SAR 3 3 06 b <u>(3)</u>	\$ 48.6					03/03/2009	03/03/2016	SAR	750	
SAR 3 3 06 c <u>(3)</u>	\$ 48.6					03/03/2010	03/03/2016	SAR	750	
SAR 4	\$ 32					03/04/2007	03/04/2012	SAR	15,000	
SAR 6	\$ 22.31					07/21/2004	03/06/2010	SAR	17,962	

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LONG DEBORAH J 2801 HIGHWAY 280 SOUTH BIRMINGHAM, AL 35223			Sr. VP					

Signatures

By: by Harriette Hyche Attorney-in-Fact for

06/07/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Total Shares held by reporting person in PLC's 401(k) & Stock Ownership Plan as of 05/31/06
- (2) Shares acquired through PLC Def. Comp. Plan for Officers of the Corporation (exempt under Rule 16b-3).Total amount in Col. 5 includes dividend shares acquired under the PLC Def. Comp. Plan for Officers exempt under Rule 16-a 11.
- (3) Previously reported Stock Appreciation Right (SAR).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.