Edgar Filing: MARKELS MICHAEL JR - Form 4

	MICHAEL JR										
Form 4 November 19	9, 2004										
								OMB APPROVAL			
Wa				RITIES AND EXCHANGE COMMISSION shington, D.C. 20549					N OMB Number:	3235-0287	
Check thi if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru 1(b).	ger 6. r Filed pur ns Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Expires: January 31, 2005 Estimated average burden hours per response 0.5	
(Print or Type F	Responses)										
MARKELS MICHAEL JR Symbol			Symbol	ier Name and Ticker or Trading I AR INC [VSR]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (I	Middle)	3. Date of Earliest Transaction				(Che	(Check all applicable)			
(Month			(Month/D 11/17/2	nth/Day/Year) 7/2004				X_ DirectorX_ 10% Owner Officer (give title Other (specify below) below)			
			endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
SPRINGFIE	ELD, VA 22151							Person	More than One I	Reporting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Ac	quired, Disposed	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ansaction Date 2A. Deemed		3. 4. Securities Acquired Transactior(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	OwnershipIndirectorm: DirectBeneficialD) orOwnershipndirect (I)(Instr. 4)	
Common Stock	11/17/2004			М	500	А	\$ 3.31	397,431	D		
Common Stock	11/17/2004			М	500	А	\$ 3.56	397,931	D		
Common Stock								416,400	Ι	By Immediate Family <u>(1)</u>	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (Iı
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
11201995 Markels NSO 1992 Stock Purchase Plan	\$ 3.31	11/17/2004		М	500	11/19/1995	11/19/2005	Common Stock	500	
11211994 Markels NSO 1992 Stock Purchase Plan	\$ 3.56	11/17/2004		М	500	11/21/1994	11/20/2004	Common Stock	500	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MARKELS MICHAEL JR 6850 VERSAR CENTER SPRINGFIELD, VA 22151	Х	Х					
Signatures							
By: James C. Dobbs/POA	11/17/20	04					
<u>**</u> Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects 419,400 shares of stock held by adult children of Dr. Markels. On May 24, 2002, James Markels sold 2,500 shares of common stock on the open market. A Form 4 was filed.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.