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CARROLS RESTAURANT GROUP, INC. Form 8-K October 09, 2014

UNITED STATES SECURITIES AND EXCHANGE COM	MISSIM	
Washington, D.C. 20549	VIISSIOIV	
FORM 8-K		
CURRENT REPORT		
Pursuant to Section 13 or 15(d) of the		
Securities Exchange Act of 1934		
Date of Report (Date of earliest event rep	orted) October 9, 2014	
Carrols Restaurant Group, Inc.		
(Exact name of registrant as specified in i	ts charter)	
Delaware	001-33174	16-1287774
(State or other jurisdiction of	(Commission	(I.R.S. Employer
incorporation or organization)	File Number)	Identification No.)
968 James Street		13203
Syracuse, New York		13203
(Address of principal executive office)		(Zip Code)
Registrant's telephone number, including	area code (315) 424-0513	
N/A		
(Former name or former address, if change	ged since last report.)	
Check the appropriate box below if the Fother registrant under any of the following part	-	simultaneously satisfy the filing obligation of
[] Written communications pursuant to R		
[] Soliciting material pursuant to Rule 14		
_		der the Exchange Act (17 CFR 240.14d-2(b))
[] Pre-commencement communications p	oursuant to Rule 13e-4(c) und	ter the Exchange Act

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ITEM 7.01. REGULATION FD DISCLOSURE.

On October 9, 2014, Carrols Restaurant Group, Inc. issued a press release, the entire text of which is attached as Exhibit 99.1 and is incorporated by reference herein.

Item 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

- (d) Exhibits
- 99.1 Carrols Restaurant Group, Inc. Press Release, dated October 9, 2014

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Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CARROLS RESTAURANT GROUP, INC.

Date: October 9, 2014

By: /s/ William E. Myers Name: William E. Myers

Title: Vice President, General Counsel and Secretary