KADANT INC Form 4 September 05, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

2. Issuer Name and Ticker or Trading

KADANT INC [KAI]

OMB APPROVAL

Number: 3235-0287

Synings: January 31,

Expires: 2005
Estimated average

burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES
or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

RAINVILLE WILLIAM A

								(Chec	ck all applicable	:)	
(Last)	(First)	(Middle)	3. Date of	f Earliest Tr	ansaction						
			(Month/Day/Year) 09/01/2006					_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chief Executive Officer			
	(Street)		4. If Ame	l. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
				Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	ired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Execution any	med on Date, if Day/Year)	3. Transaction Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	09/01/2006			M	200	A		92,286	D		
Common Stock	09/01/2006			S	200	D	\$ 25.25	92,086	D		
Common Stock	09/01/2006			M	100	A	\$ 8.88	92,186	D		
Common Stock	09/01/2006			S	100	D	\$ 25.24	92,086	D		
Common Stock	09/01/2006			M	100	A	\$ 8.88	92,186	D		

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Common Stock	09/01/2006		S	100	D	\$ 25.22	92,086	D
Common Stock	09/01/2006	;	M	100	A	\$ 8.88	92,186	D
Common Stock	09/01/2006		S	100	D	\$ 25.21	92,086	D
Common Stock	09/01/2006	:	M	100	A	\$ 8.88	92,186	D
Common Stock	09/01/2006		S	100	D	\$ 25.2	92,086	D
Common Stock	09/01/2006]	M	100	A	\$ 8.88	92,186	D
Common Stock	09/01/2006		S	100	D	\$ 25.19	92,086	D
Common Stock	09/01/2006	:	M	200	A	\$ 8.88	92,286	D
Common Stock	09/01/2006		S	200	D	\$ 25.15	92,086	D
Common Stock	09/01/2006	:	M	200	A	\$ 8.88	92,286	D
Common Stock	09/01/2006		S	200	D	\$ 25.14	92,086	D
Common Stock	09/01/2006]	M	100	A	\$ 8.88	92,186	D
Common Stock	09/01/2006		S	100	D	\$ 25.12	92,086	D
Common Stock	09/01/2006]	M	300	A	\$ 8.88	92,386	D
Common Stock	09/01/2006		S	300	D	\$ 25.1	92,086	D
Common Stock	09/01/2006	:	M	300	A	\$ 8.88	92,386	D
Common Stock	09/01/2006		S	300	D	\$ 25.08	92,086	D
Common Stock	09/01/2006]	M	400	A	\$ 8.88	92,486	D
Common Stock	09/01/2006		S	400	D	\$ 25.07	92,086	D
Common Stock	09/01/2006		M	100	A	\$ 8.88	92,186	D
	09/01/2006		S	100	D		92,086	D

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Common Stock					\$ 25.06		
Common Stock	09/01/2006	M	300	A	\$ 8.88	92,386	D
Common Stock	09/01/2006	S	300	D	\$ 25.05	92,086	D
Common Stock	09/01/2006	M	200	A	\$ 8.88	92,286	D
Common Stock	09/01/2006	S	200	D	\$ 25.04	92,086	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Transaction Derivative E Code Securities (I Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4,		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right To Buy)	\$ 8.88	09/01/2006		M	2,800	03/11/1996	03/11/2008	Common Stock	2,800	

Reporting Owners

Reporting Owner Name / Address	Relationships						
Treporting of their France, France and	Director	10% Owner	Officer	Other			
RAINVILLE WILLIAM A KADANT INC. ONE ACTON PLACE, SUITE 202 ACTON, MA 01720	X		Chief Executive Officer				

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Date

Signatures

by Sandra L. Lambert for William A.
Rainville
09/06/2006

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4