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KADANT II Form 4 September 0	7,2006						OMB AF	PROVAL		
FORM	4 UNITED STATE	S SECURITIES A	AND EX	СНА	NGE C	COMMISSION	OMB	3235-0287		
Check th	is box	Washington, D.C. 20549								
if no lon	ger STATEMENT	OF CHANGES IN	NERSHIP OF	Expires:	January 31, 2005					
subject to Section 7 Form 4 c	l6.	SECU		Estimated a burden hou response	•					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type	Responses)									
	Address of Reporting Person <u>*</u> E WILLIAM A	2. Issuer Name an Symbol KADANT INC		Tradii	ng	5. Relationship of Reporting Person(s) to Issuer				
						(Check all applicable)				
(Last)	(First) (Middle)	3. Date of Earliest T (Month/Day/Year)	ransaction			_X_ Director 10% Owner				
KADANT I PLACE, SU	NC., ONE ACTON JITE 202	09/05/2006	-				X Officer (give title Other (specify below) Chief Executive Officer			
	4. If Amendment, D	-	1		6. Individual or Joint/Group Filing(Check					
ACTON, M	Filed(Month/Day/Yea	r)			Form filed by M) by One Reporting Person by More than One Reporting				
(City)	(State) (Zip)			~		Person				
	· · · · · ·				_	uired, Disposed of		-		
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Indirect (I) Own			
		Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	09/05/2006	М	200	A	\$ 11.62	95,786	D			
Common Stock	09/05/2006	S	200	D	\$ 25.45	95,586	D			
Common Stock	09/05/2006	М	200	А	\$ 11.62	95,786	D			
Common Stock	09/05/2006	S	200	D	\$ 25.42	95,586	D			
Common Stock	09/05/2006	М	250	А	\$ 11.62	95,836	D			

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Common Stock	09/05/2006	S	250	D	\$ 25.4 95,586	D
Common Stock	09/05/2006	М	500	А	\$ 11.62 96,086	D
Common Stock	09/05/2006	S	500	D	\$ 25.38 95,586	D
Common Stock	09/05/2006	М	324	А	\$ 11.62 95,910	D
Common Stock	09/05/2006	S	324	D	\$ 25.37 95,586	D
Common Stock	09/05/2006	М	1,000	А	\$ 11.62 96,586	D
Common Stock	09/05/2006	М	176	A	\$ 8.11 96,762	D
Common Stock	09/05/2006	S	176	D	\$ 25.37 96,586	D
Common Stock	09/05/2006	М	500	A	\$ 8.11 97,086	D
Common Stock	09/05/2006	S	500	D	\$ 25.36 96,586	D
Common Stock	09/05/2006	М	350	А	\$ 8.11 96,936	D
Common Stock	09/05/2006	S	350	D	\$ 25.35 96,586	D
Common Stock	09/05/2006	М	250	А	\$ 8.11 96,836	D
Common Stock	09/05/2006	S	250	D	\$ 25.33 96,586	D
Common Stock	09/05/2006	М	300	А	\$ 8.11 96,886	D
Common Stock	09/05/2006	S	300	D	\$ 25.32 96,586	D
Common Stock	09/05/2006	М	900	А	\$ 8.11 97,486	D
Common Stock	09/05/2006	S	900	D	\$ 25.3 96,586	D
Common Stock	09/05/2006	М	400	A	\$ 8.11 96,986	D
Common Stock	09/05/2006	S	400	D	\$ 25.27 96,586	D
	09/05/2006	М	950	А	\$ 8.11 97,536	D

Common Stock										
Common Stock	09/05/20	06	S	950 I		5 25.25	96,586	D		
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information of information contained in this form are not information contained in this form are not information contained to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactie Code (Instr. 8)	Securities		rivative Expiration Date (Month/Day/Year) ired r osed of $\therefore 3, 4,$		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right To Buy)	\$ 11.62	09/05/2006		М		2,474	03/11/1996	03/11/2008	Common Stock	2,474
Employee Stock Option (Right To Buy)	\$ 8.11	09/05/2006		М		3,826	04/09/1996	04/09/2008	Common Stock	3,826
Reporting Owners										

Reporting Owner Name / Address	Relationships							
reporting o when reality reactors	Director	10% Owner	Officer	Other				
RAINVILLE WILLIAM A KADANT INC. ONE ACTON PLACE, SUITE 202 ACTON, MA 01720	Х		Chief Executive Officer					

Signatures

by Sandra L. Lambert for William A. Rainville

09/07/2006

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.