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Trinsic, Inc. Form 4 September 19, 2005 OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL Check this box if no longer subject to Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Securities Exchange Act of 1934, 2005 Stimated average burden hours per response January 31, 2005 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 500, 000, 000 the Investment Company Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 17(a) of the Public Utility Holding Company Act of 1940, 100, 000, 000, 000, 000, 000, 000, 0											
(Print or Type R 1. Name and A SLAUSON	ddress of Reporting Person <u>*</u>		Name and 7	Ficker or T	rading	ç	5. Relationship of Issuer	Reporting Pers	son(s) to		
(Last)	3. Date of	Inc. [TRI] Earliest Tra	-			(Check all applicable)					
(Month C/O 601 S. HARBOUR ISLAND 09/15/ BLVD., SUITE 220			-				Director10% Owner Officer (give titleX Other (specify below) below) President of wholly owned sub				
TAMPA, FL	endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person 						
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned		
1.Title of Security (Instr. 3) Common	2. Transaction Date 2A. E (Month/Day/Year) Exect any (Mon	3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of			
Stock - Restricted							5,000	D			
Common Stock - Restricted (2)	09/15/2005		А	90,000	A	<u>(2)</u>	95,000	D			
Common Stock							3,182	D			

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Da	ate	Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
									Amount		
						Date	Expiration		Or Maarala aa		
						Exercisable	le Date	Title Number			
					(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
SLAUSON MICHAEL C/O 601 S. HARBOUR ISLAND BLVD. SUITE 220 TAMPA, FL 33602				President of wholly owned sub				
0.								

Signatures

/s/ Victoria Neil as Attorney-in-Fact for Michael Slauson pursuant to a Power of Attorney dated August 30, 2002.

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock were awarded under the 2000 Equity Participation Plan at par value (\$.01/share); one-third of the restrictions lapse on the first anniversary and the remaining restrictions lapse in equal monthly installments over the next 2 years.

Restricted stock issued in exchange for services rendered and pursuant to the 2004 Stock Incentive Plan. Restrictions lapse over a three year period beginning February 17, 2006, except that for one-half of the shares no restrictions will elapse unless the average market price per share of Trinsic. stock exceeds a certain level for a certain period of time. However, notwithstanding the average market price, all restrictions will lapse after seven years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

(2)

09/19/2005

Date

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