BLACKROCK MUNIHOLDINGS NEW JERSEY INSURED FUND, INC.

Form N-Q December 23, 2009

#### UNITEDSTATES SECURITIESANDEXCHANGECOMMISSION Washington, D. C. 20549

#### **FORM N-Q**

### QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY

Investment Company Act file number 811-08621

Name of Fund: BlackRock MuniHoldings New Jersey Insured Fund, Inc. (MUJ)

Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809

Name and address of agent for service: Anne F. Ackerley, Chief Executive Officer, BlackRock MuniHoldings New Jersey Insured Fund, Inc., 55 East 52<sup>nd</sup> Street, New York, NY 10055.

Registrant s telephone number, including area code: (800) 882-0052, Option 4

Date of fiscal year end: 07/31/2010

Date of reporting period: 10/31/2009

Item 1 Schedule of Investments

Schedule of Investments October 31, 2009 (Unaudited) (Percentages shown are based on Net Assets) Par **Municipal Bonds** (000)Value New Jersey - 140.5% Corporate - 1.6% New Jersey EDA, RB, Disposal, Waste Management New Jersey, Series A, AMT, 5.30%, 6/01/15 \$ 2,500 \$ 2,613,550 New Jersey EDA, Refunding RB, New Jersey American Water Co., Series A, AMT, 5.70%, 10/01/39 2,500 2,444,750 5,058,300 County/City/Special Camden County Improvement Authority, RB (FSA), **District/School District -**5.50%, 9/01/10(a) 1,540 1,606,374 24.2% City of Perth Amboy New Jersey, GO, CAB (FSA), 5.56%, 7/01/32 (b) 4,605 4,090,161 City of Perth Amboy New Jersey, GO, CAB (FSA), 5.55%, 7/01/33 (b) 1,395 1,233,850 City of Perth Amboy New Jersey, GO, CAB (FSA), 5.05%, 7/01/37 (b) 1.470 1,291,145 County of Middlesex New Jersey, COP (MBIA), 5.50%, 8/01/16 1,375 1,474,674 County of Middlesex New Jersey, COP (MBIA), 5.25%, 6/15/23 1,550 1,554,061 East Orange Board Of Education, COP (FSA), 5.50%, 8/01/12 7,895 8,354,331 Essex County Improvement Authority, RB, Guaranteed, County Correctional Facilities Project (FGIC), 6.00%, 10/01/10 (a) 4,000 4,203,440 Essex County Improvement Authority, RB, Guaranteed Lease. County Correctional, Series A (FGIC), 5.00%, 10/01/13 (a) 4,400 4,984,012 Essex County Improvement Authority, Refunding RB, County Project (MBIA), 5.50%, 10/01/27 250 281,177 Hopatcong Boro New Jersey, GO, Refunding, Sewer (AMBAC), 4.50%, 8/01/33 2.690 2.699.173 Hudson County Improvement Authority, RB, County, Guaranteed, Harrison Parking Facilities Project, Series C (AGC), 5.38%, 1/01/44 3,600 3.798.288 Lafayette Yard Community Development Corp., New Jersey, RB, Hotel, Conference Center Project, Trenton Guaranteed (MBIA), 6.00%, 4/01/10 (a) 5.250 5,418,420 **Portfolio Abbreviations** 

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many of the securities have been abbreviated according to the following list.

AGC	Assured Guaranty Corp.	GO	General Obligations Bonds
AMBAC	American Municipal Bond Assurance Corp.	HFA	Housing Finance Agency
AMT	Alternative Minimum Tax (subject to)	MBIA	Municipal Bond Investors Assurance
CAB	Capital Appreciation Bonds		(National Public Finance Guaranty Corp.)
CIFG	CDC IXIS Financial Guaranty	RB	Revenue Bonds
COP	Certificates of Participation	S/F	Single-Family
EDA	Economic Development Authority		
FGIC	Financial Guaranty Insurance Co.		
FSA	Financial Security Assurance Inc.		

(Percentages shown are based on Net

Assets)

	Par	
Municipal Bonds	(000)	Value
Middlesex County Improvement Authority, RB, Guaranteed,		
Senior Citizens Housing Project, AMT (AMBAC),		
5.50%, 9/01/30	\$ 500	\$ 500,040
Monmouth County Improvement Authority, RB, Governmental		
Loan (AMBAC), 5.35%, 12/01/10 (a)	695	732,349
Monmouth County Improvement Authority, RB, Governmental		
Loan (AMBAC), 5.38%, 12/01/10 (a)	535	563,895
Monmouth County Improvement Authority, RB, Governmental		
Loan (AMBAC), 5.35%, 12/01/17	845	857,514
Monmouth County Improvement Authority, RB, Governmental		
Loan (AMBAC), 5.38%, 12/01/18	935	947,267
Morristown Parking Authority, RB, Guaranteed (MBIA),		
5.00%, 8/01/30	1,830	1,908,672
Morristown Parking Authority, RB, Guaranteed (MBIA),		
5.00%, 8/01/33	3,000	3,095,070
New Jersey State Transit Corp., COP, Subordinate, Federal		
Transit Administration Grants, Series A-FS (FSA), 5.00%,		
9/15/21	2,000	2,099,540
Newark Housing Authority, Refunding RB, Additional, Newark		
Redevelopment Project (MBIA), 4.38%, 1/01/37	620	574,697
North Bergen Township Board Of Education, COP (FSA),		
6.00%, 12/15/10 (a)	1,000	1,072,770
North Bergen Township Board Of Education, COP (FSA),		
6.25%, 12/15/10 (a)	3,260	3,506,359
Paterson Public School District, New Jersey, COP (MBIA),		
6.13%, 11/01/10 (a)	1,980	2,000,117
Paterson Public School District, New Jersey, COP (MBIA),		
6.25%, 11/01/10 (a)	2,000	2,020,340
Salem County Improvement Authority, RB, Finlaw State Office	,	, ,
Building (FSA), 5.38%, 8/15/28	500	539,700
South Jersey Port Corp., Refunding RB, 4.50%, 1/01/15	3,750	3,946,575
South Jersey Port Corp., Refunding RB, 4.50%, 1/01/16	1,920	2,002,829
Township of West Deptford New Jersey, GO (FGIC),		
5.63%, 9/01/10 (a)	8,580	8,958,721
	-,>	76,315,561
		,,

Education - 16.2%

New Jersey EDA, RB, International Center For Public Health

Project, University of Medicine & Dentistry (AMBAC),		
6.00%, 6/01/32	5,000	4,926,750
New Jersey Educational Facilities Authority, RB, Montclair		
State University, Series A (AMBAC), 5.00%, 7/01/21	1,200	1,254,204
New Jersey Educational Facilities Authority, RB, Montclair		
State University, Series A (AMBAC), 5.00%, 7/01/22	2,880	2,992,262
New Jersey Educational Facilities Authority, RB, Rowan		
University, Series C (FGIC), 5.25%, 7/01/11 (a)	790	857,632
New Jersey Educational Facilities Authority, RB, Rowan		
University, Series C (MBIA), 5.00%, 7/01/14 (a)	6,875	7,866,092
New Jersey Educational Facilities Authority, RB, Rowan		
University, Series C (MBIA), 5.25%, 7/01/17	2,135	2,281,589
	6.00%, 6/01/32  New Jersey Educational Facilities Authority, RB, Montclair  State University, Series A (AMBAC), 5.00%, 7/01/21  New Jersey Educational Facilities Authority, RB, Montclair  State University, Series A (AMBAC), 5.00%, 7/01/22  New Jersey Educational Facilities Authority, RB, Rowan  University, Series C (FGIC), 5.25%, 7/01/11 (a)  New Jersey Educational Facilities Authority, RB, Rowan  University, Series C (MBIA), 5.00%, 7/01/14 (a)  New Jersey Educational Facilities Authority, RB, Rowan	6.00%, 6/01/32  New Jersey Educational Facilities Authority, RB, Montclair  State University, Series A (AMBAC), 5.00%, 7/01/21  New Jersey Educational Facilities Authority, RB, Montclair  State University, Series A (AMBAC), 5.00%, 7/01/22  2,880  New Jersey Educational Facilities Authority, RB, Rowan  University, Series C (FGIC), 5.25%, 7/01/11 (a)  New Jersey Educational Facilities Authority, RB, Rowan  University, Series C (MBIA), 5.00%, 7/01/14 (a)  New Jersey Educational Facilities Authority, RB, Rowan

(		Percentages shown are	
Schedule of Investments October 31, 2009 (Unaudited)		_	Assets)
		Par	
	Municipal Bonds	(000)	Value
	New Jersey Educational Facilities Authority, RB, Rowan		
	University, Series C (MBIA), 5.25%, 7/01/18	\$ 2,535	\$ 2,704,693
	New Jersey Educational Facilities Authority, RB, Rowan		
	University, Series C (MBIA), 5.25%, 7/01/19	2,370	2,495,563
	New Jersey Educational Facilities Authority, Refunding RB,		
	College of New Jersey, Series D (FSA), 5.00%, 7/01/35	9,540	9,802,827
	New Jersey Educational Facilities Authority, Refunding RB,		
	Montclair State University, Series J (MBIA), 4.25%, 7/01/30	3,775	3,471,943
	New Jersey Educational Facilities Authority, Refunding RB,		
	Ramapo College, Series I (AMBAC), 4.25%, 7/01/31	1,250	1,143,913
	New Jersey Educational Facilities Authority, Refunding RB,		
	Ramapo College, Series I (AMBAC), 4.25%, 7/01/36	900	801,477
	New Jersey Educational Facilities Authority, Refunding RB,		
	Stevens Institute Technology, Series A, 5.00%, 7/01/27	2,800	2,845,276
	New Jersey Educational Facilities Authority, Refunding RB,		
	Stevens Institute Technology, Series A, 5.00%, 7/01/34	900	883,665
	University of Medicine & Dentistry of New Jersey, New	Jersey,	
	COP (MBIA), 5.00%, 6/15/29	2,000	1,906,120
	University of Medicine & Dentistry of New Jersey, New	Jersey,	
	RB, Series A (AMBAC), 5.50%, 12/01/27	4,740	4,757,064
			50,991,070
Health - 12.8%	New Jersey Health Care Facilities Financing Authority, RB,		
	Greystone Park Psychiatric Hospital (AMBAC),		
	5.00%, 9/15/23	10,775	10,861,631
	New Jersey Health Care Facilities Financing Authority, RB,		
	Atlantic City Medical, 5.75%, 7/01/12 (a)	1,525	1,694,793
	New Jersey Health Care Facilities Financing Authority, RB,		
	Atlantic City Medical, 6.25%, 7/01/12 (a)	530	595,916
	New Jersey Health Care Facilities Financing Authority, RB,		
	Atlantic City Medical, 6.25%, 7/01/17	925	974,025
	New Jersey Health Care Facilities Financing Authority, RB,		ŕ
	Atlantic City Medical, 5.75%, 7/01/25	1,975	2,020,840
	New Jersey Health Care Facilities Financing Authority, RB,	.,	,,
	Meridian Health, Series II (AGC), 5.00%, 7/01/38	7,400	7,321,634
	New Jersey Health Care Facilities Financing Authority, RB,	7,100	. ,52 . ,55 .
	The state of the s		

Meridian Health System Obligation Group (FSA),		
Mendian realin System Obligation Group (1 0A),		
5.38%, 7/01/24	1,000	1,002,950
New Jersey Health Care Facilities Financing Authority, RB,		
Society of The Valley Hospital (AMBAC), 5.38%, 7/01/25	2,820	2,645,047
New Jersey Health Care Facilities Financing Authority, RB,		
Somerset Medical Center, 5.50%, 7/01/33	2,135	1,489,525
New Jersey Health Care Facilities Financing Authority, RB,		
South Jersey Hospital, 6.00%, 7/01/12 (a)	5,440	6,134,634
New Jersey Health Care Facilities Financing Authority, RB,		
Virtua Health (AGC), 5.50%, 7/01/38	1,000	1,032,470

Schedule of Investments October 31, 2009 (Unaudited) (Percentages shown are based on Net Assets)

Schedule of Investments October 31, 2009 (Unaudited)		(Percentages shown are based on Net Assets)		
		Par		
	Municipal Bonds	(000)	Value	
	New Jersey Health Care Facilities Financing Author	ority,		
	Refunding RB, Series AHS Hospital Corp., Series	A (AMBAC),		
	6.00%, 7/01/13 (c)	\$ 4,000	\$ 4,607,680	
			40,381,145	
Housing - 6.9%	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	Capital Fund Program, Series A (FSA), 4.70%, 11	/01/25 10,840	10,897,344	
	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	Home Buyer, Series U, AMT (MBIA), 5.60%, 10/0	1/12 700	701,064	
	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	Home Buyer, Series U, AMT (MBIA), 5.65%, 10/0	1/13 2,075	2,078,112	
	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	Home Buyer, Series U, AMT (MBIA), 5.75%, 4/01/	/18 2,325	2,326,511	
	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	S/F Housing, Series T, AMT, 4.70%, 10/01/37	800	726,208	
	New Jersey State Housing & Mortgage Finance A	gency, RB,		
	Series AA, 6.50%, 10/01/38	3,115	3,382,392	
	Newark Housing Authority, RB, South Ward Police	e Facility		
	(AGC), 5.75%, 12/01/30	850	899,283	
	Newark Housing Authority, RB, South Ward Police	e Facility		
	(AGC), 6.75%, 12/01/38	500	560,205	
			21,571,119	
State - 50.3%	Garden State Preservation Trust, RB, 2005 Series	SA (FSA),		
	5.80%, 11/01/21	1,960	2,267,328	
	Garden State Preservation Trust, RB, 2005 Series	SA (FSA),		
	5.80%, 11/01/23	2,730	3,157,436	
	Garden State Preservation Trust, RB, CAB, Series	s B (FSA),		
	5.12%, 11/01/23 (d)	9,000	4,836,240	
	Garden State Preservation Trust, RB, CAB, Series	s B (FSA),		
	5.20%, 11/01/25 (d)	10,000	4,819,200	
	Garden State Preservation Trust, Refunding RB, S	Series C		
	(FSA), 5.25%, 11/01/20	5,000	5,864,750	
	Garden State Preservation Trust, Refunding RB, S	Series C		
	(FSA), 5.25%, 11/01/21	7,705	9,035,422	
	New Jersey EDA, RB, Cigarette Tax, 5.63%, 6/15	/19 2,700	2,684,961	
	New Jersey EDA, RB, Cigarette Tax (Radian),			
	5.75%, 6/15/29	2,000	1,931,460	

New Jersey EDA, RB, Cigarette Tax (Radian),		
5.50%, 6/15/31	585	542,441
New Jersey EDA, RB, Cigarette Tax (Radian),		
5.75%, 6/15/34	1,180	1,121,861
New Jersey EDA, RB, Liberty State Park Project, Series C		
(FSA), 5.00%, 3/01/22	2,670	2,844,698
New Jersey EDA, RB, Motor Vehicle Surcharge, Series A		
(MBIA), 5.25%, 7/01/26	7,500	7,990,500
New Jersey EDA, RB, Motor Vehicle Surcharge, Series A		
(MBIA), 5.25%, 7/01/33	11,105	11,204,723

Schedule of Investments October 31, 2009 (Unaudited)

(Percentages shown are based on Net Assets)

Schedule of investments Octobe	er 51, 2009 (Offiaudited) (Percentages Showir ar	e baseu oi	i Net Assets)
		Par	
	Municipal Bonds	(000)	Value
	New Jersey EDA, RB, Motor Vehicle		
Surcharge, Series A			
	(MBIA), 5.00%,		
7/01/34		\$ 2,000	\$ 2,008,960
	New Jersey EDA, RB, School Facilities		
Construction, Series L			
	(FSA), 5.00%,		
3/01/30		9,000	9,271,080
	New Jersey EDA, RB, School Facilities Construction, Series O,		
	5.25%, 3/01/23	4,420	4,645,995
	New Jersey EDA, RB, School Facilities Construction, Series Z		
40/45/04	(AGC), 6.00%,	0.000	0.407.004
12/15/34		2,800	3,127,964
Ossiss II (AMDAO)	New Jersey EDA, RB, School Facilities,		
Series U (AMBAC),	5 2224 2/24/27	0.500	0.500.475
	5.00%, 9/01/37	2,500	2,532,175
	New Jersey EDA, RB, State Office Buildings Projects (AMBAC),		
	6.00%, 6/15/10 (a)	3,000	3,105,030
	New Jersey EDA, RB, State Office Buildings Projects (AMBAC),	4 000	4.700.007
	6.25%, 6/15/10 (a)	4,620	4,788,907
	New Jersey EDA, Refunding RB, School Facilities Construction,		
5 500/   0/01/27	Series N-1 (MBIA),	1,000	1,108,650
5.50%, 9/01/27	Nove Investigational Caritains Avalonates	1,000	1,100,630
RB, Capital	New Jersey Educational Facilities Authority,		
rib, Gapitai	Improvement Fund, Series A (FSA), 5.75%,		
9/01/10 (a)	improvement rund, Series A (FSA), 5.75%,	9,420	9,845,690
6/6 1/ To (a)	New Jersey Educational Facilities Authority,	0,120	0,010,000
RB, Higher	New delsey Educational Facilities Authority,		
,ge.	Education Capital Improvement, Series A		
(AMBAC),	Education Supilar Improvement, Series 7.		
<i>''</i>	5.13%, 9/01/12 (a)	5,500	6,120,180
	New Jersey Sports & Exposition Authority,	0,000	0,120,100
RB, Series A	New delacy opens a Exposition Authority,		
,	(MBIA), 6.00%,		
3/01/13	(11211 ), 0.0070,	2,400	2,441,784
	New Jersey Sports & Exposition Authority,	•	•
Refunding RB	, 1		
		5,890	6,540,374
			•

0/04/04	(MBIA), 5.50%,		
3/01/21	New Jersey Sports & Exposition Authority,		
Refunding RB	(MBIA), 5.50%,		
3/01/22	(112111), 0.0070,	3,000	3,320,430
Authority, New	New Jersey Transportation Trust Fund		
	Jersey, RB, CAB, Transportation System,		
Series C (AMBAC),	5.05%, 12/15/35 (d)	1,400	273,168
	New Jersey Transportation Trust Fund		
Authority, New	Jersey, RB, CAB, Transportation System,		
Series C (AMBAC),			
	5.05%, 12/15/36 (d)  New Jersey Transportation Trust Fund	5,500	1,005,400
Authority, New			
Series C (FSA),	Jersey, RB, CAB, Transportation System,		
	4.72%, 12/15/32 (d)	4,050	1,058,670
Authority, New	New Jersey Transportation Trust Fund		
۸	Jersey, RB, Transportation System, Series		
Α,	6.00%, 6/15/10 (a)	5,000	5,177,300
Authority, New	New Jersey Transportation Trust Fund		
Authority, New	Jersey, RB, Transportation System, Series		
A (AGC),	5.63%, 12/15/28	2,000	2 220 840
	New Jersey Transportation Trust Fund	۷,000	2,239,840
Authority, New	Jersey, RB, Transportation System, Series		
	dersey, rib, transportation system, series		

5

5.25%, 12/15/20

A (FSA),

10,750

11,909,925

(Percentages shown are based on Net

	(Percentages shown are based on l		e based on Net
Schedule of Investments	October 31, 2009 (Unaudited)	Assets)	
		Par	
	Municipal Bonds	(000)	Value
	New Jersey Transportation Trust Fund Authority, New Jersey	<b>y</b> ,	
	RB, Transportation System, Series B (MBIA),		
	5.50%, 12/15/21	\$ 9,165	\$ 10,336,837
	New Jersey Transportation Trust Fund Authority, New Jersey	у,	
	RB, Transportation System, Series D (FSA),		
	5.00%, 6/15/19	7,800	8,224,866
	State of New Jersey, COP, Equipment Lease Purchase,		
	Series A, 5.25%, 6/15/27	1,080	1,121,267
			158,505,512
Tobacco - 1.8%	Tobacco Settlement Financing Corp., New Jersey, RB, 7.00%,		
	6/01/13 (a)	4,755	5,639,002
Transportation - 22.4%	Delaware River Port Authority Pennsylvania & New Jersey, RB		
•	(FSA), 5.50%, 1/01/12	5,000	5,036,250
	Delaware River Port Authority Pennsylvania & New Jersey, F		
	(FSA), 5.63%, 1/01/13	6,000	6,045,300
	Delaware River Port Authority Pennsylvania & New Jersey, F	lΒ	
	(FSA), 5.75%, 1/01/15	500	503,895
	Delaware River Port Authority Pennsylvania & New Jersey, F	lB	
	(FSA), 6.00%, 1/01/18	4,865	4,906,498
	Delaware River Port Authority Pennsylvania & New Jersey, F	ιB	
	(FSA), 6.00%, 1/01/19	5,525	5,545,221
	Delaware River Port Authority, RB, Port District Project,		
	Series B (FSA), 5.63%, 1/01/26	2,425	2,428,783
	New Jersey State Turnpike Authority, RB, C-2005 (MBIA),		
	6.50%, 1/01/16	910	1,075,747
	New Jersey State Turnpike Authority, RB, C-2005 (MBIA),		
	6.50%, 1/01/16 (c)	255	313,461
	New Jersey State Turnpike Authority, RB, Growth & Income		
	Securities, Series B (AMBAC), 6.20%, 1/01/35 (d)	7,615	5,879,161
	New Jersey State Turnpike Authority, RB, Series C (MBIA),		
	6.50%, 1/01/16 (c)	4,355	5,060,510
	New Jersey State Turnpike Authority, Refunding RB, Series		, ,
	(FSA), 5.25%, 1/01/29	2,500	2,828,490
	New Jersey State Turnpike Authority, Series A, 5.25%,		
	1/01/30	4,000	4,462,680
	New Jersey Transportation Trust Fund Authority, New	•	
	**		

Jersey, RB, Transportation S	System, Series A (AMBAC),		
5.00%, 12/15/32		1,425	1,441,045
New Jersey Transportati	on Trust Fund Authority, New Jersey,		
RB, Transportation System,	Series C, 5.50%,		
6/15/13 (a)		780	891,298
Port Authority of New Yo	ork & New Jersey, RB, Consolidated,		
152nd Series, Second, AMT	, 5.75%, 11/01/30	5,175	5,500,094
Port Authority of New York &	New Jersey, RB, Special		
Project, JFK International Air	Terminal, Series 6, AMT		
(MBIA), 6.25%, 12/01/11		13,500	14,038,380

Schedule of Investments October 31, 2009 (Unaudited)		(Percentages shown are based on Net Assets)	
	, ,	Par	·
	Municipal Bonds	(000)	Value
	Port Authority of New York & New Jersey, RB, Special		
	Project, JFK International Air Terminal, Series 6, AMT		
	(MBIA), 6.25%, 12/01/15	\$ 1,500	\$ 1,570,050
	Port Authority of New York & New Jersey, RB, Special		
	Project, JFK International Air Terminal, Series 6, AMT		
	(MBIA), 5.75%, 12/01/25	3,000	3,003,390
			70,530,253
Utilities - 4.3%	Atlantic Highlands Highland Regional Sewage Authority,		
	Refunding RB (MBIA), 5.50%, 1/01/20	1,875	1,956,900
	Essex County Utilities Authority, Refunding RB (AGC), 4	.13%,	
	4/01/22	2,000	2,004,600
	New Jersey EDA, RB, Series A, New Jersey, American \	Nater,	
	AMT (AMBAC), 5.25%, 11/01/32	3,000	2,835,510
	North Hudson Sewerage Authority, Refunding RB, Series A		
	(MBIA), 5.13%, 8/01/20	4,335	4,382,555
	Rahway Valley Sewerage Authority, RB, CAB, Series A (	•	
	4.79%, 9/01/28 (d)	6,600	2,316,270
			13,495,835
	Total Municipal Bonds in New Jersey		442,487,797
Puerto Rico - 9.1%			
Health - 1.1%	Puerto Rico Industrial Tourist Educational Medical &		
	Environmental Control Facilities Financing Authority, RB,		
	Hospital Auxilio Mutuo Obligation Group, Series A (MBIA),		
	6.25%, 7/01/24	1,780	1,781,157
	Puerto Rico Industrial Tourist Educational Medical &		
	Environmental Control Facilities Financing Authority, RB,		
	Hospital De La Concepcion, Series A, 6.50%, 11/15/20	1,750	1,806,770
			3,587,927
Housing - 2.0%	Puerto Rico HFA, RB, Subordinated, Capital		
	Fund Modernization, 5.13%, 12/01/27	6,285	6,273,687
State - 0.9%	Puerto Rico Infrastructure Financing Authority, RB, CAB,		
	Series A (AMBAC), 4.36%, 7/01/37 (d)	4,000	539,680
	Puerto Rico Public Buildings Authority, Refunding RB,		
	Government Facilities, Series M-3 (MBIA), 6.00%, 7/01/27	2,125	2,189,919

2,729,599

Transportation - 1.8%	Puerto Rico Highway & Transportation Authority, Refunding		
	RB, Series CC (AGC), 5.50%, 7/01/31	5,000	5,482,200
Utilities - 3.3%	Puerto Rico Aqueduct & Sewer Authority, RB, Senior Lien,		
	Series A (AGC), 5.13%, 7/01/47	6,870	6,479,372
	Puerto Rico Electric Power Authority, RB, Series RR (CIFG),		
	5.00%, 7/01/28	4,100	4,036,163
			10,515,535
	Total Municipal Bonds in Puerto Rico		28,588,948
	Total Municipal Bonds - 149.6%		471,076,745

Schedule of Investments October 31, 2009 (Unaudited)		(Percentages shown are based on Net Assets)	
	Municipal Bonds Transferred to	Par	
	Tender Option Bond Trusts (e)	(000)	Value
New Jersey - 5.3%			
Housing - 1.6%	New Jersey State Housing & Mortgage Finance	Agency, RB,	
	Capital Fund Program, Series A (FSA), 5.00%,	5/01/27 \$ 4,790	\$ 5,105,134
State - 3.7%	Garden State Preservation Trust, RB, 2005 Seri	es A (FSA),	
	5.75%, 11/01/28	9,160	11,461,908
			16,567,042
New York - 1.9%			
Transportation - 1.9%	Port Authority of New York & New Jersey, Refur	nding RB,	
	Consolidated 152nd Series, AMT, 5.25%, 11/01	/35 5,998	6,113,250
	Total Municipal Bonds Transferred to		
	Tender Option Bond Trusts - 7.2%		22,680,292
	Total Long-Term Investments		
	(Cost - \$481,040,918) - 156.8%		493,757,037
	Short-Term Securities	Shares	
	CMA New Jersey Municipal Money Fund, 0.04%	(f)(g) 512,124	512,124
	Total Short-Term Securities (Cost - \$512,124)	) - 0.1%	512,124
	Total Investments (Cost - \$481,553,042*) - 15	6.9%	494,269,161
	Other Assets Less Liabilities - 2.1%		6,650,952
	Liability for Trust Certificates, Including	Interest Expense	
	and Fees Payable - (4.2)%		(13,286,018)
	Preferred Shares, at Redemption Value - (54.		(172,712,158)
	Net Assets Applicable to Common Shares - 1	100.0%	\$ 314,921,937

<sup>\*</sup> The cost and unrealized appreciation (depreciation) of investments as of October 31, 2009, as computed for federal income tax purposes, were as follows:

Aggregate cost	\$ 468,999,869
Gross unrealized appreciation	\$ 20,112,685
Gross unrealized depreciation	(8,106,323)
Net unrealized appreciation	\$ 12,006,362

<sup>(</sup>a) US government securities, held in escrow, are used to pay interest on this security as well as to retire the bond in full at the date indicated, typically at a premium to par.

<sup>(</sup>b) Represents a step-up bond that pays an initial coupon rate for the first period and then higher coupon rate for the following period. Rate shown is as of report date.

- (c) Security is collateralized by Municipal or US Treasury Obligations.
- (d) Represents a zero-coupon bond. Rate shown is as of report date.
- (e) Securities represent bonds transferred to a tender option bond trust in exchange for which the Fund acquired residual interest certificates. These securities serve as collateral in a financing transaction.
- (f) Investments in companies considered to be an affiliate of the Fund, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, were as follows:

AffiliateNet ActivityIncomeCMA New Jersey Municipal Money Fund\$ (2,799,819)\$ 157

(g) Represents the current yield as of report date.

8

Schedule of Investments October 31, 2009 (Unaudited)

Fair Value Measurements Various inputs are used in determining the fair value of investments, which are as follows:

Level 1 - price quotations in active markets/exchanges for identical assets and liabilities

Level 2 - other observable inputs (including, but not limited to: quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)

Level 3 - unobservable inputs based on the best information available in the circumstances, to the extent observable inputs are not available (including the Fund's own assumptions used in determining the fair value of investments)

The inputs or methodology used for valuing securities are not necessarily an indication of the risk associated with investing in those securities. For information about the Fund's policy regarding valuation of investments and other significant accounting policies, please refer to the Fund's most recent financial statements as contained in its annual report.

The following table summarizes the inputs used as of October 31, 2009 in determining the fair valuation of the Fund's investments:

Valuation Inputs
Securities
Assets

Level 1 - Short-Term Securities
\$ 512,124

Level 2 - Long-Term Investments 1

493,757,037

Level 3

Total

Investments in
Securities
493,757,037

<sup>1</sup> See above Schedule of Investments for values in each sector.

9

#### Item 2 Controls and Procedures

2(a) The registrant's principal executive and principal financial officers or persons performing similar functions have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the 1940 Act )) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13(a)-15(b) under the Securities Exchange Act of 1934, as amended.

2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 Exhibits

Certifications Attached hereto

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock MuniHoldings New Jersey Insured Fund, Inc.

By: /s/ Anne F. Ackerley

Anne F. Ackerley

Chief Executive Officer of

BlackRock MuniHoldings New Jersey Insured Fund, Inc.

Date: December 18, 2009

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ Anne F. Ackerley

Anne F. Ackerley

Chief Executive Officer (principal executive officer) of BlackRock MuniHoldings New Jersey Insured Fund, Inc.

Date: December 18, 2009

By: /s/ Neal J. Andrews

Neal J. Andrews

Chief Financial Officer (principal financial officer) of BlackRock MuniHoldings New Jersey Insured Fund, Inc.

Date: December 18, 2009