MIZEL LARRY A

Form 4

November 18, 2011

FC	DRM 4	OMB APPROVAL							
		UNITE	ED STATES	SECURITIES AND EXCHANGE (Washington, D.C. 20549	COMMISSION	OMB Number:	3235-0287		
	Check this bo if no longer		EMENT ()	F CHANGES IN BENEFICIAL OW	Expires:	January 31, 2005			
	subject to Section 16.	Estimated a burden hou							
	Form 4 or Form 5	response	0.5						
	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, occurrence Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print	or Type Resp	onses)							
1. Name and Address of Reporting Person * MIZEL LARRY A			ing Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of I Issuer	elationship of Reporting Person(s) to er			
				MDC HOLDINGS INC [MDC]	(Check all applicable)				
	(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director	_X_ 10%			
4350 500	0 S. MONA	.CO STRE	ET, SUITE	11/17/2011	_X Officer (give title Other (specify below)				
		(Street)		4. If Amendment, Date Original	6. Individual or Joi	nt/Group Filir	ng(Check		
DENVER, CO 80237				Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by Or Form filed by More Person				
	(City)	(State)	(Zip)			D 6 . 1			

	(City)	(State)	(Zip) Tak	ole I - N	on-	Derivative S	Securi	ties Acqu	ired, Disposed of	f, or Benefici	ally Owned
Secu	tle of urity tr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.	8)	4. Securitie onor Disposed (Instr. 3, 4	d of (E and 5) (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Sto	1 Par	11/17/2011		Code	V	Amount 432,575	(D)	Price \$ 18.47	652,575	D	
Sto	1 Par	11/17/2011		S		432,575	D	\$ 18.76 (1)	220,000	D	
Sto	1 Par	11/17/2011		J <u>(2)</u>	V	600,000	D	\$0	0	I	By CLCD No. 2, LLC

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Common Stock \$.01 Par Value	11/17/2011	J <u>(3)</u>	V 600,000 A	\$ 0	972,837	I	By ARI Capital Partners, LLLP (3)
Common Stock \$.01 Par Value					3,418	I	By 401(k) Savings Plan (4)
Common Stock \$.01 Par Value					1,362,214	I	By CGM Capital LLC (5)
Common Stock \$.01 Par Value					4,000,000	I	By ARI Investment Partners VII LLC (6)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisab	le and	7. Title and A
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	onDerivative	Expiration Date		Underlying S
Security	or Exercise		any	Code	Securities	(Month/Day/Year	:)	(Instr. 3 and
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A) or			
	Derivative				Disposed of (D)			
	Security				(Instr. 3, 4, and			
					5)			
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
				Code v	(A) (D)			
N . G								Common
Non-Statutory						(a)		Stock
Stock Option	\$ 18.47	11/17/2011		M	432,575	11/19/2002 <u>(7)</u>	11/19/2011	\$.01 Par
(right to buy)								
								Value

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
MIZEL LARRY A	X	X	Chairman of the Board and CEO				
4350 S. MONACO STREET							

Reporting Owners 2

SUITE 500 DENVER, CO 80237

Signatures

Joseph H. Fretz, Attorney-in-Fact

11/18/2011

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares sold at an average sale price of \$18.76. These shares were sold in multiple transactions at prices ranging from \$18.76 to \$18.92 inclusive. The reporting person undertakes to provide to M.D.C. Holdings, Inc., any security holder of M.D.C. Holdings, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth herein.
- On November 17, 2011, CLCD No. 2, LLC ("CLCD2") distributed 600,000 shares to Reporting Person. Reporting Person may be deemed to have beneficial ownership of the shares held by CLCD2. The sole manager of CLCD2 is Reporting Person's spouse. Reporting Person has a 100% equity interest in CLCD2.
 - On November 17, 2011, the sole limited partner of Ari Capital Partners, LLLP (Ari Capital") contributed 600,000 shares to Ari Capital, which it had received from Reporting Person. Reporting Person may be deemed to have beneficial ownership of the shares held by ARI Capital. The sole general partner of Ari Capital is CVentures, Inc. ("CVentures"), a corporation, which has approximately a 0.5%
- (3) partnership interest in Ari Capital. Reporting Person is the beneficiary of various trusts which own 50.6885% of the stock of CVentures. Also, Reporting Person is a director and president of CVentures and may be deemed to control the other 49.3115% of the common stock of CVentures. A trust, of which Reporting Person is the sole beneficiary, is the sole limited partner of Ari Capital, and has approximately a 99.5% partnership interest in Ari Capital. Reporting Person and Reporting Person's spouse are trustees of the trust.
- (4) Shares are held in Reporting Person's 401(k) Savings Plan account which changes on a daily basis.
- Reporting Person may be deemed to have beneficial ownership of these shares held by CGM Capital LLC ("CGM Capital"). The sole (5) manager of CGM Capital is CVentures. A trust, of which Reporting Person's spouse is the sole beneficiary, is the only other member of CGM Capital, and has a 99.98% equity interest in CGM Capital. Reporting Person is a trustee of this trust.
- (6) Reporting Person may be deemed to have beneficial ownerhsip of the shares held by ARI Investment Partners VII, LLC ("Ari LLC"). Ari Capital holds 100% of the outstanding LLC units in Ari LLC. CVentures is the sole manager of Ari LLC.
- (7) This option, under the Company's 2001 Equity Incentive Plan, became exercisable as to 25% of the shares covered thereby on November 19, 2002 and cumulatively as to an additional 25% on each of November 19, 2003, 2004 and 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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